

## RONALD MCDONALD HOUSE CHARITIES, UPPER MIDWEST: IMMUNITY REQUIREMENTS FOR VOLUNTEERS

To protect our staff, volunteers, and the families we serve - evidence of immunity is a requirement prior to volunteering at any of our five Upper Midwest locations. Selected immunizations are compliant with [CDC recommendations](#) for those working in a healthcare setting. Please provide written documentation for each disease in **ONE** of the following ways:

1. Complete immunization record (copy of immunization record card, MIIC printout, copy of clinic record of immunization)
2. Written statement from healthcare provider verifying disease diagnosis (i.e. for chickenpox)
3. Copy of laboratory result confirming disease or immunity (blood/serology results)

To submit records by email, please send to [info@ziggysartbus.org](mailto:info@ziggysartbus.org)

### REQUIRED

1. TUBERCULOSIS – one of the following is required
  - Negative Mantoux skin test OR negative Quantiferon Gold blood test within last 12 months
  - Negative chest x-ray (if done as follow-up for positive Mantoux)
  - Completed treatment of active disease
2. CHICKENPOX (varicella) – one of the following is required
  - Written documentation of two doses of varicella vaccine
  - History of chickenpox or shingles based on healthcare provider diagnosis
  - Laboratory confirmation of chickenpox disease or immunity to chickenpox
3. MEASLES (rubeola) – one of the following is required
  - Date of birth 1/1/1957 or earlier
  - Written documentation of two doses of MMR vaccine
  - Laboratory confirmation of measles disease or immunity to measles
4. MUMPS – one of the following is required
  - Date of birth 1/1/1957 or earlier
  - Written documentation of two doses of MMR vaccine
  - Laboratory confirmation of mumps disease or immunity to mumps
5. RUBELLA – one of the following is required
  - Date of birth 1/1/1957 or earlier
  - Written documentation of two doses of MMR vaccine
  - Laboratory confirmation of rubella disease or immunity to rubella
6. PERTUSSIS – the following is required
  - One-time dose of Tdap vaccine
7. COVID-19 – one of the following is required
  - Written documentation of two doses of Pfizer or Moderna vaccines (minimum two weeks since second dose)
  - Written documentation of one dose of Johnson & Johnson's Janssen vaccine (minimum two weeks since dose)
8. INFLUENZA – the following is required
  - Yearly influenza vaccination during influenza season (generally October-April)

### RECOMMENDED

9. HEPATITIS B – one of the following is recommended
  - Written documentation of completion of vaccine series
  - Laboratory confirmation of immunity to hepatitis B

**Absence of vaccination records**

Many adults do not have access to their vaccination records. In this case, you can visit your health care provider or private lab for a titer. Titers are blood tests that measure whether or not you are immune to a given disease(s). Titers can not detect COVID-19 or flu antibodies.

**Requesting immunizations or titers from your health care provider**

If you are visiting your health care provider for an immunization or titer, it may be helpful for you to print out this PDF and bring it to your visit.

**Vaccination records**

<https://www.health.state.mn.us/people/immunize/miic/records.html#where>

**Proof of COVID-19 vaccination**

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/vaccination-card.html>

**Proof of flu vaccination**

Letter (on official letterhead) from a healthcare provider, pharmacy or clinic that issued the vaccination.